



## HOUSING CONTRACT

### **Admission Criteria**

Any male 18 and over is eligible for admission into Grail House if the applicant meets the following criteria:

- No sex offenders, violent crimes, or arson charges/convictions.
- Comes directly from any chemical dependency treatment facility or has at least 30 days clean and sober from any mind-altering chemical.
- Commits to at least 90 day length of stay.
- Is in recovery and wants to live in a community with others for the purpose of remaining clean and sober and practice the 12-step way of life.
- Able to pay the move-in total of \$850 : \$500 entrance fee (nonrefundable), two weeks rent at \$150 per week (first and last week's rent) plus \$50 key deposit.
- Willing to attend at least three 12-step self-help meetings a week, get a sponsor, and work a 12-step program of recovery.
- Willing to do daily chores.
- No overnight visits and a 12:00 pm curfew for the first 30 days unless approved by the house manager.
- Understands upfront that they will be discharged from Grail House if there is any use of drugs or alcohol on or off premises.
- No act of violence or threats of violence towards other residents, staff, or visitors will be tolerated.
- Understands upfront that there is **no** sexual activity of any kind on or near Grail House. Female visitors are allowed to pick-up and drop-off residents only.
- Understands upfront that Grail House is not responsible for lost or stolen property. We strongly discourage you from bringing valuables during your stay.

## **Financial Responsibility**

- Nonrefundable entrance fee of \$500 is due upon admission. A \$50 key deposit plus first and last week rent are also due upon admission. Weekly rent is \$150 due each Friday by 7pm. The \$50 key deposit will be refunded after the resident leaves on good terms. The last week's rent is paid if the resident gives 1 week notice before moving out.
- Forms of payment include: Cash, Money Order or Credit Card
- Residents who have an outstanding balance on their account are subject to dismissal at the digression of management
- Residents who relapse or are asked to leave Grail House will not be reimbursed any funds
- Residents are responsible for all fines incurred while at Grail House

## **Zero Tolerance Policy**

Violation of any of the following will result in immediate dismissal from Grail House:

- Violence or threats of violence
- Weapons of any kind
- Stealing of any kind
- Sexual Harassment
- Destruction of property
- Use or possession of drugs and/or alcohol on or off property
- Sexual intercourse on property
- Racial or sexual slurs
- Abuse of over the counter/prescription medication
- Repeated rule violation
- Smoking, lighting candles, or incense inside the house

## **AA / NA / Groups**

- All residents must attend at least three 12-step meetings a week
- All residents must obtain a sponsor within two weeks of admission
- Working the 12-step program is non-negotiable
- Residents are responsible for logging their meeting attendance in the AA/NA log for the 1st 30 days
- Three IOP classes count as one meeting towards your required (3) 12-step meetings per week
- All residents are required to attend all house meetings

## Drug and Alcohol Testing

- Use of alcohol or drugs **will** result in immediate dismissal.
- Refusal to give a urine analysis or breathalyzer **will** result in immediate dismissal.
- If you are asked to submit a urine analysis (UA) or breathalyzer (BA), you must stay at house until submitted.
- Tests are conducted at random.
- After an overnight pass or extended curfew, all residents **must** find the house manager on duty to submit a UA and BA
- If you suspect another resident of using drugs or alcohol, it is your responsibility to report this matter immediately to the house manager. Knowledge of others using mood altering chemicals and not notifying the house manager will jeopardize your own recovery.
- Anyone dismissed from the house will not be permitted to return to the premises for a minimum of 30 days with the exception of picking up personal belongings.
- This must be done within three (3) days of dismissal or the belongings become the property of Grail House. Arrangements need to be made with the House Manager for pick up.

## Safety

- In case of a true emergency, call 911 and then notify the manager on duty.
- Safety is the primary concern for Grail House therefore any suspicious activities should be reported to the manager on duty immediately.
- No smoking, burning candles or incense will be allowed inside the house.
- Smoking is permitted outside only.
- No heaters, AC units, hot plates, coffee makers etc. are allowed in the rooms.
- In case of a fire, all residents and staff are to evacuate the building immediately. All residents and staff are to assemble in the back yard of the house. Roll call is to be taken to assure that no one remains inside. As residents, your responsibility is to be outside in the quickest possible manner.
- Fire extinguishers are located throughout the building. Familiarize yourself with their location.
- Residents **cannot** share razors or cut each other's hair. This is for your own protection from infectious diseases transmitted through blood borne pathogens.

## **Visitation**

- No visitors are allowed in bedrooms. Visitors are allowed in the common areas only.
- Family members may be shown bedrooms and are always welcome in common areas.
- Visitors must not be under the influence of any substance.
- Management reserves the right to ask visitors to leave.
- Visitors and residents must respect the anonymity of all other residents. Resident information is confidential.

## **Chores / Fines**

- All residents are expected to keep their room and bathroom clean. This includes making of beds, keeping your belongings neatly organized, and keeping the bath, commode, sink, and floor cleaned daily. Room checks will be conducted weekly or at random.
- Cleaning-up after yourself is mandatory. You are required to wash your own dishes/pans. Do not leave dishes for someone else to clean-up for you. There will be a \$15 fine for offenses.
- No food is allowed in bedrooms.

## **Medication**

- Over-the-counter medications or mouthwash containing alcohol are prohibited.
- Narcotic pain medications and/or benzodiazepines (Xanax, Ativan, Klonopin, etc.) are prohibited.
- Clients are responsible for obtaining their own medication refills. You are not allowed to stop taking your medication(s) without a doctor's note.
- Residents will self-administer medication as directed by a physician.
- Abuse of over the counter medication and/or prescription medication will result in immediate dismissal from the house.
- Medication needs to be kept in a secure location not a common area.

## **Employment/School/Volunteer**

- All residents must be working, volunteering, or going to school full-time. If you do not have a job you must be actively seeking employment.
- You are responsible for getting yourself to and from work each day. Grail House **is not** responsible for your transportation to and from work. Buses run close to the house.

## **General Guidelines**

- It is understood up front that you are a **guest** in our home and not a tenant.
- You are allowed to have your own car, provided you have a valid driver's license and insurance policy. You **are not** allowed to loan out your car to another resident for any reason.
- We encourage residents not carry large sums of money or bring items they cannot replace. Grail House **is not** responsible for stolen or missing property.
- Residents are required to provide and prepare their own food.
- Laundry facilities are provided on-site at no extra charge.
- No illegal cable hook-ups or illegal cable boxes. All rooms have Charter Cable.
- Shoes and shirts must be worn on property at all times. **No nudity** is acceptable in common areas. Clothing advertising drugs, alcohol, or with double or offensive messages are not permitted.
- Volume on radio and televisions are to be kept at a reasonable volume.
- Borrowing or lending money is **not** permitted.
- Gambling of any kind is strictly **prohibited**.
- 'War stories' are not permitted.
- Confidentiality provides the basic structure of trust within a community, as well as, the safety for residents to do the work necessary for healing. Revealing the issues of residents, even to other residents, is a breach of confidentiality and may result in discharge from the house.
- It is understood that Grail House may search any belongings, including luggage, room, closet, dresser, nightstand, etc. for contraband items.

## **What to Bring**

- Identification, ie, drivers license, social security card, birth certificate
- Toiletries, ie, toothbrush, toothpaste, shaving cream, soap, deodorant
- Prescribed medication you are currently taking
- Clothing (suitable for current weather)
- Automobiles are permitted (proper insurance required)
- Cell phones are permitted
- TV and stereos are permitted
- Bicycles are permitted
- Computers are permitted
- Bedding (twin size)

## **What Not to Bring:**

- Any products containing alcohol
- Anything that may be considered a weapon
- Pets of any kind
- Offensive clothing
- Items that cannot be replaced

## **Complaints / Grievances**

Grail House is committed to meeting the needs and expectations of our residents. We will work with you to try to resolve any conflict and try to provide a satisfactory outcome for all parties involved within seventy-two (72) hours whenever possible.

If you have a complaint and/or grievance or wish to convey your feelings regarding any ethical issue during your stay at Grail House, please talk to the house manager. If this is not satisfactory or possible, contact the owners directly who will meet with you to discuss potential resolutions.

## **RESIDENT RIGHTS**

Admission into a sober living house **does not** constitute the surrender of your rights as a human being. Grail House supports and protects the fundamental human, civil, constitutional and statutory rights of each resident. We want you to be involved in your care, and as such, you, as the resident have the right to:

- Reasonable access to adequate and humane services regardless of your race, religion, sex, sexual orientation, ethnicity, age, handicap, or financial status. Grail House does not discriminate against residents on the basis of color, national origin, or marital status.
- Provision of services within the least restrictive environment possible that preserve personal dignity.
- Communication and information regarding your stay at Grail House.
- Attention that is considerate and respects your personal value/belief system, by an adequate number of competent staff.
- Freedom from censorship of mail or phone calls, unless therapeutically contraindicated.
- Assurance of your health and safety. Emergency medical care will be accessed by using 911, but Grail House is not responsible for resident's medical bills if they are hurt or require medical attention while at Grail House.
- Visits from family and significant others, regardless of age, unless contraindicated.
- Obtain the fee for residency at Grail House in writing.
- Rules and regulations in writing of Grail House that govern your conduct during your stay with us.
- Confidentiality and privacy as outlined in your *Resident Standards*.
- To express your personal values, belief systems, and cultural practices. You are encouraged to discuss them with the staff, however, these beliefs and practices may not harm others or interfere with any planned course of action.
- If at any time you desire to leave, please give one week's notice to discuss this decision with staff so that appropriate procedures can be followed.